

THE NEXT TO GO

At 4:35 p. m., Friday, July 26, 66 men will entrain for Camp Meade, the following list: Paul Gum, Edgar D. Carpenter, Freeman Beal, Guy E. Greathouse, Henry M. Gilmore, Meade W. Curry, Forrest Grogg, John Mazzo, Chas. C. Ervine, Wallace H. Smith, Granville M. Moore, Osborne C. Sharp, Wm. C. Bowers, Frank L. Tallman, Royal C. Shearer, Wilson Barnhouse, Lafayette Fitzpatrick, Clovis L. Shifflett, Russell O. Gum, Odie Kelly, E. R. Louk, Chas. A. Robinson, Frank J. Rader, Leon Bennett, Mack H. Duffy, Winters W. Webster, Russell G. Aabogast, Vernie A. Brown, Frank Collins, Forrest W. Burr, Bernard B. Galford, Mack M. Thompson, Rocco Femano, Fred Cassell, Fred W. Sizemore, James Smith, William B. Cassell, Thos. O. McQueen, Delmer Woolford, Ressie W. Moore, James Bowers, Ruby W. Rose, Cleveland Fitzwaters, Wesley Vandevender, Charles Ware, W. A. Funkhouser, Glenn W. Callison, John N. Sparks, Allen E. Sheets, Clifton L. Hill, Allie J. Simmons, Luther H. Shrader, Ernesto Petti, John B. Cassell, Howard Lester, James H. Arbogast, Roy M. Moats, Price Keeler, Ligon Ware, Harry G. McLaughlin, Everett H. Shinnaberry, John W. Moore, Willie C. Grogg, Orion O. Townsend, Chas. W. Biggs, Cecil C. Arbogast, Henry G. Wilson, Corbett Nelson, Arthur Townsend, John H. Arnold, Ora Zickfoose, and Romey Rucker.

FOR COUNTY COURT

This is to introduce E. H. Williams. He will be the candidate on the Republican ticket for County Court, short term. He is a plain, blunt business man, who knows when to hold and when to let go of the dollar to the best advantage. At this time he is president of the Edray District Board of Education. Mr. Williams is a county man, who has made a success in the lumber business, and the affairs of the court will be safe in his hands. The affairs of the court have become so complex that it requires the service of trained business men to deal with them to the best advantage. We have these men in Mr. Williams and Mr. Barlow who will oppose each other this fall for this office in the election.

Lowell Yeager son of Mr. and Mrs. Walter Yeager, of Cheyenne, Wyo., recently submitted to an operation for acute appendicitis at Columbia Mo., and made a rapid recovery. He is now a student in the University of Missouri, taking high honors for scholarship.

Mrs. Verdie B. Mann and her sister Miss Alice Clark were visitors at our office Tuesday morning. Mrs. Mann has recently returned from the Sinks Country at the head of Greenier River, where she taught a term of school. Mrs. Mann is a daily occurrence.

Lieutenant J. Hunter McClintic has landed safely in England on his way to France with his regiment. He has written home that he is well, and likes the looks of things where he is.

CASS

Wm. G. Luke of Piedmont W. Va., is visiting his brother C. W. Luke. Mrs. Ervine Shafer and children have returned from a three weeks visit with relatives in Friendsville, Md.

Leut. J. A. Ayers, who was visiting his parents during a ten days leave, has returned to Camp Gordon Ga.

Misses Margaret and Agnes Price, two charming young ladies of Marlinton were visiting Miss Eolyn Graham last week.

The Radcliff Chautauqua will be in Cass on Monday, Tuesday and Wednesday July 29th, 30th and 31st.

Their programme is patriotic from beginning to end. One day especially for Red Cross workers. The Government is doing all they can for chautauquas this year, for it is through them that the American public is becoming awake to the seriousness of the Great War. Their motto is, Keep the home fires burning.

County Road Engineer Baxter of Marlinton was in Cass last Thursday, superintending the foundation of our new bridge. Under the management of Mr. Lippencott, we are glad to say the work is progressing fine. They are now ready for the frame work for arches; in a short time Cass will have a new cement bridge.

FOR THE LEGISLATURE

Henry Blackhurst, of Cass, announces himself as a candidate for the Republican nomination for the House of Delegates. Mr. Blackhurst came to us years ago as a minister, and has developed into a business man. However, he continues to be pastor of the Cass and Arboreale Methodist churches.

He is a man of scholarly attainment and oratorical ability. He has been interested in politics, and if elected to the legislature he will be a delegate of decided progressive tendencies. It is something new in Pocahontas for a preacher to seek political honors, but then it might be better for the politics if they would get into the game occasionally.

EXAMINATION

The following teachers are taking examination here today: Grace Casel Barlow, Aileen Briscoe, Nora Pearl Buchanan, Eugie Ellen Curry, Ralph Geiger, Winnie F. Gillispie, Hester Fern Grimes, Price Amos Graeg, Dortha Martha Hamrick, Bessie V. Hannah, Georgia Hill (col.), Viola Elizabeth Johnson, Ruby Mann, Theodore McClung, Ada McKeever, Mollie Belle McLaughlin, Sarah Virginia Morgan, Flora Lawrence Perry, Dennis William Perry, Minnie Prudence Reynolds, Bessie Frances Rose, Charles Sharp, Genevieve Nettie Shinnaberry, Rada Ruth White.

In a recent interview had by our local coal man with District Representative Zimmerman of the Fuel Administration, he was advised that the West Virginia New River and Pocahontas Coals are so essential to the movement of troop and food ships that it is absolutely necessary that the government have this coal. He states that it is the only coal that can be used through the war zone without making smoke to attract the enemy submarines. Then, too, with this coal they get quicker movement of a vessel when in danger. The administration is sure when this understood by our people they will be perfectly satisfied to use the Kanawha coal for both steam and domestic purposes. For the big job before us is to win the war.

E. H. Wade is at his father's home in Rockbridge on his vacation.

THE AMERICAN RED CROSS, DEPARTMENT OF DEVELOPMENT, Knitting Instructions—Sweaters—Important Suggestions.

Casting on and binding off MUST be loose. When knitting with two needles, always slip first stitch. To measure a garment, lay it on a level surface and measure with a dependable measure (wood, metal, or celluloid, not a tape line). Terms used (applying to plain knitting with two needles):

- a "row"—once across;
 - a "ridge" or "rib"—once across and back.
- Sweater of Light-weight Wool.
Quantity of Wool required:—about three-quarter pound of 4/10 yarn.
1 pair Red Cross needles No. 3.—(See diagram below).
Diameter=1/4 inch.

Red Cross Needle No. 3, side-view and cross section; natural size.

Cast on 78 stitches.
Knt 2, Purl 2, for 4 inches.
Knt plain 17 inches.
(A) Knt 28 stitches; Knt 2, Purl 2, for 22 stitches; then Knt 28.
(B) Knt 28 stitches; Purl 2, Knt 2, for 22 stitches; then Knt 28.
Repeat (A) and (B) for 12 rows (2 inches).
Knt 28 stitches; bind off 22 stitches (opening for neck) Knt 28.

First Shoulder.
Knt 2, Purl 2, for 28 stitches; then
Knt 2, Purl 2, back over the 28 stitches.
Continue to knit and purl back and forth in this way 15 times, which leaves the wool at inner edge.
Break off wool and tie it on at neck-opening for

Second Shoulder.
Purl 2, Knt 2, for 28 stitches; then
Purl 2, Knt 2, back over the 28 stitches.
Continue to knit and purl back and forth in this way 15 times, which leaves the wool at outer edge.

Knt plain 28 stitches; cast on 22 stitches; and Knt plain across the 28 stitches of first shoulder.
(C) Knt 28 stitches; Purl 2, Knt 2, for 22 stitches; then Knt 28.
(D) Knt 28 stitches; Knt 2, Purl 2, for 22 stitches; then Knt 28.
Repeat (C) and (D) for 12 rows (2 inches).
Knt plain 17 inches.
Knt 2, Purl 2, for 4 inches.
Bind off loosely. Sew up sides, leaving 9 inches for armholes. Single-crochet 1 row around neck and armholes.

Measurements.
Neck (when stretched), 11 1/2—12 1/2 inches.
Across chest (not stretched), 17—20 inches.

SWEATER OF HEAVY-WEIGHT WOOL.
Quantity of Wool required:—about one pound, or 4 hanks of 3/4 yarn.
1 pair Red Cross needles No. 3.

Cast on 72 stitches.
Knt 2, Purl 2, for 3 inches.
Knt across and Purl back for 10 inches.
Knt 1 row.

(A) Knt 6, Purl across; and Knt last 6 stitches.
(B) Knt all the way across.
Repeat (A) and (B) for 8 inches.

Knt across and back 8 times; (making 4 ridges).
Knt 6; then Purl 1, Knt 1, for 11 stitches; Knt 6.
Bind off 28 stitches for neck.

First Shoulder.
Knt 7; then Purl 1, Knt 1, for 10 stitches; Knt 6.
Knt 6; then Purl 1, Knt 1, for 11 stitches; Knt 6.
Continue to knit and purl back and forth in this way 14 times, which leaves the wool at inner edge.
Break off wool and tie it on at neck-opening for

Second Shoulder.
Knt 7; then Purl 1, Knt 1, for 10 stitches; Knt 6.
Knt 6; then Purl 1, Knt 1, for 11 stitches; Knt 6.
Continue to knit and purl back and forth in this way 14 times, which leaves the wool at inner edge.

Cast on 26 stitches; Knt 6; then Purl 1, Knt 1, for 11 stitches; Knt 6.
Knt across and back 8 times (making 4 ridges).
(C) Knt all the way across.
(D) Knt 6; Purl across; and Knt last 6 stitches.
Repeat (C) and (D) for 8 inches.
Knt across and Purl back for 10 inches.
Purl 2, Knt 2, for 3 inches.
Bind off loosely. Sew up sides, leaving 9 inches for armholes. Single-crochet 1 row around neck and armholes.

Measurements.
Neck (when stretched), 11 1/2—12 1/2 inches.
Across chest (not stretched), 17—20 inches.

Medium Size Sock.
These instructions have been issued after careful and painstaking study of many of the excellent directions now in use, and contain the best features of all of the generally approved methods of knitting socks. The new instructions have been tested by beginners as well as experienced knitters. Other good directions need not be abandoned if they produce serviceable, comfortable socks in reasonable conformity with the essential details of these instructions.

Important Suggestions.
Casting on and binding off MUST be loose. These directions are based on a 4/10 yarn (the commercial name of correct size of yarn) and Red Cross needle Number 1. When yarn or needles are larger or smaller than these, the number of stitches must be proportionately decreased or increased.

To measure a garment, lay it on a level surface and measure with a dependable measure (wood, metal, or celluloid, not a tape line). Always join threads by splicing or by running threads through each other with worsted needle.

When knitting the second sock of a pair, always count the rows of the first sock to insure uniform size when finished. Tie finished socks loosely together in pairs at top of leg, in such a way that the hand can be inserted for inspection. If sock is thin at point of gusset, reinforce by darning on wrong side very lightly with a split thread of yarn.

Socks should be washed when finished, according to Chapter instructions. Quantity of Wool required:—about one-quarter pound.
4 Red Cross needles No. 1.—(See diagram below).
Diameter=1/4 inch.

Red Cross Needle No. 1, side-view and cross section; natural size.
56 Stitches on Three Needles.
20 on 1st needle.
20 on 2nd needle.
16 on 3rd needle.
Knt 2, Purl 2, for 3 inches.
Knt plain 8 inches.

Heel.
Divide stitches: 28 on 1st needle (for heel), 14 on 2nd needle, 14 on 3rd needle.
1st needle (*) Knt 1 row. Turn, Purl 1 row. Turn. Repeat from (*) until you have 27 rows. Always slip 1st stitch. Begin to turn heel on wrong side.

To Turn Heel.
Slip 1, Purl 15, Purl 2 together, Purl 1, Turn.
Slip 1, Knt 5, Slip 1, Purl 1, pass slipped stitch over knit stitch, Knt 1, Turn.
Slip 1, Purl 6, Purl 2 together, Purl 1, Turn.
Slip 1, Knt 7, Slip 1, Knt 1, pass slipped stitch over knit stitch, Knt 1, Turn.
Slip 1, Purl 8, Purl 2 together, Purl 1, Turn.
Slip 1, Knt 9, Slip 1, Knt 1, pass slipped stitch over knit stitch, Knt 1, Turn.
Continue until there are 16 stitches on needle.

Gusset.
Pick up 13 stitches on side of heel. (1st needle).
Knt stitches of 2nd and 3rd needles on to one needle. (2nd needle).
Pick up 13 stitches on other side of heel, and take 8 stitches from first needle. (3rd needle).
1st needle. (A) Knt to within 3 stitches of end, Knt 2 together, Knt 1. 2nd needle. (B) Knt plain.
3rd needle. (C) Knt 1, Slip 1, Knt 1, pass slipped stitch over knit stitch, Knt to end.

(D) Knt around plain.
Repeat A, B, C, D, until you have 14 stitches on 1st needle.
28 stitches on 2nd needle.
14 stitches on 3rd needle.
Knt plain 5 1/2 inches.

Kitchener Toe.
1st needle. (E) Knt to within 3 stitches of end, Knt 2 together, Knt 1. 2nd needle. (F) Knt 1, Slip 1, Knt 1, pass slipped stitch over knit stitch. Knt to within 3 stitches of end, Knt 2 together, Knt 1. 3rd needle. (G) Knt 1, Slip 1, Knt 1, pass slipped stitch over knit stitch, Knt to end.

(H) Knt 2 rows plain.
Repeat E, F, G, H 3 times (making 4 times in all). Then narrow every other row 5 times.
Knt the 6 stitches of your 1st needle on to your 3rd needle.
You have now 10 stitches on each of the 2 needles.

Break wool (leaving 12 inch length) and thread it into worsted needle. Hold sock so that the worsted needle is at your right and, always keeping wool under knitting needles, weave front and back together as follows: (*) Pass worsted needle through 1st stitch of front knitting needle as if knitting and slip stitch off the knitting needle.
Pass through 2nd stitch as if purling and leave stitch on the knitting needle. Pass through 1st stitch of back needle as if purling and slip stitch off the knitting needle.
Pass through 2nd stitch of back needle as if knitting and leave stitch on knitting needle.

Repeat from (*) until all stitches are off needles. In order to avoid ridge across end of toe, fasten wool down the side. Laid on a level surface the finished sock should measure:
Foot: Length 11 1/2 inches, but 10 1/2 to 12 1/2 is acceptable.
Leg: Length, 14 inches; circumference, 8 inches.
Cuff: Circumference, unstretched, 6 inches; stretched to fullest extent, 13 1/2 inches.

"There's a Reason"

POST'S Proposition:

Just use Plain Common Sense in Politics and send the Fittest Man in West Virginia to the U. S. Senate. His name is C. W. Watson.

Work and Vote for Watson

at the Democratic Primaries, Tuesday, August 6th.

Melville Davison Post of Harrison County, deep student of our National Life, known to millions of Americans as author and writer, tells

The Reason Why:

"When it comes to mobilizing the country's production in a great War or when it comes to advising the Government about that mobilization, Clarence W. Watson seems to me more desirable than any other candidate suggested by either party. I would rather trust Watson to see that our fleet has coal, and our soldiers food and equipment than any other man that I can think of in the whole country. And I would rather trust him to see that the money I pay in taxes is not wasted. However one may have felt about his fitness at other times, at this time, before the appalling industrial problems of this war, the need of such a man as Watson in the Senate is beyond question."

WORK AND VOTE FOR

C. W. WATSON

FOR U. S. SENATE



C. W. WATSON
Candidate for U. S. Senator

CLOVERLICK

People generally are well. The crops looking fine. Farmers are busy in their harvest and wheat is good. Pastures are good and stock doing well.

Lamb buyers are scared for some reason.

We would like to see a little more work on the road for the money.

Sam Elliott is finishing a house for John R. Hevener. It is as good a one as the writer knows of in the county.

We are sorry to see the boys going to war, but all will be right by and by.

A big ice cream supper at Cloverlick Saturday night, July 20, for the benefit of the church. Come and bring a cake.

Give us Lock McClintic for Judge, Allan Edgar for Prosecuting Attorney and Dr. Hannah for County Commissioner.

As to raising the teachers' salaries, we think they are a little too high now for what we get in return. Let them raise the standard and we will put the money. Our children need education, but are they getting it?

JUDICIAL DELEGATES

At the district convention here Saturday the following were named as delegates to the Judicial Convention at Ronceverte on August 2—Q. W. Poage, E. F. McLaughlin, F. R. Hill, E. M. Arbogast, Calvin W. Price. They were instructed to vote for L. M. McClintic for Judge.

ANNOUNCEMENT

We are authorized to E. H. Williams a candidate for the office of County Commissioner, short term, subject to the action of the Republican party, in the primary of August 6th.

Miss Gladys Donnelly has gone to Cincinnati to study telegraphy.
R. S. Spillman and Mr. Dillon, of Charleston, are here for a few days bass fishing.
Mr. and Mrs. Clyde East, of Richmond, are spending a few days with Mr. East's home folks.

As we go to press the condition of Mrs. J. W. Jackson of Erost, is reported serious.
Born to Mr. and Mrs. J. W. Live-say, a daughter, July 15, 1918.

CHAUTAUQUA

Cass, W. Va., July 29-30-31

Radcliffe Chautauqua

A Wake up America Program

JULY 29—Afternoon		Concert
The Hawaiian Serenaders	Mrs Helen B. Paulsen "Wake Up America"	Lecture
Night		
The Hawaiian Serenaders	Mrs Helen B. Paulsen "The Call of Democracy"	Concert
Lecture		
Demonstration Lecture by an expert bearing the authorized message of the Food Administration: "Mobilizing American Kitchens to Help Win the War."		
AFTERNOON		Concert
The Franceska Kaspar Lawson Company	Domestic Science Expert "Patriotism Expressed in Domestic Efficiency."	
NIGHT		
The Chautauqua Director	"The Call to the Colors"	Lecture
Concert		
JULY 31—Morning		Concert
Demonstration Lecture by a Red Cross Nurse, bearing the authorized message of the American Red Cross: "The Prevention of Disease as a Patriotic Duty."		
AFTERNOON		Concert
The Belinno Taylor Company	The Red Cross Representative "The Story of the Red Cross in Peace and War."	
NIGHT		
The Chautauqua Director	"When the Boys Come Home"	Lecture
Concert		

Season Tickets, good for all sessions, adult \$1.50, Child 75c
Tickets for single sessions, adult 50c, child 25c

Dont fail to attend this patriotic entertainment, to be given in a large tent; proceeds donated to Red Cross.

TOBACCO FUND

Odie Harouff	50c
Mrs. J. H. McClintic	2 00
Merritt Moore	5 00
W. A. McLaughlin	2 00
L. O. Simmons	50c

Notice

The Sunday Schools of Pocahontas are requested to make an offering for the purchase of new Testaments for our soldier boys. Contributions should be sent to Rev. J. M. Walker, Marlinton. Do it at once.

RIGHT NOW

the business of war in all its grim reality is occupying the attention of our Country.

Its requirements are men, material and money.

Many are pledging their lives to our country's cause.

Labor is supplying the enery necessary to produce the material equipment.

You are asked not to give, but merely lend your money, at interest, to the Government through the purchase of WAR SAVING STAMPS

AS AN AMERICAN CO-OPERATE

We handle them.

First National Bank
Marlinton, W. Va.